

## **Seminar on: 'PCOS' disease awareness**

**Date:-06/02/20, Venue: Tagore Hall, IC Dept. LD Engg.**

A Seminar on Expert talk on **'PCOS: infertility and metabolism syndrome'** was organized. Prof. Gaurang Shah, Head of Pharmaceutical D section, L. M. College of Pharmacy under the guidance of Head of Instrumentation and Control Department Dr. Manish Thakker. Seminar coordinated by Prof. Manish Patel departmental member of Women Development Cell. Around 14 Female professors and 60 students from various department of college were invited to attend this seminar. Dr. Manish Thakkar, HOD (I.C) welcome and felicitate Dr. Gaurang Shah with a memento. Students were introduced and guided regarding PCOS by Dr. Gaurang shah. In this problem, there are hormonal changes in a female's body with an increased number of male hormones thus making difficulty in regular menstrual cycles and pregnancy. As this problem is usually avoided amongst females, he described the causes and symptom of these diseases. Students were asked to take care of this disease as effects for whole life or long time thus increasing the chances of stroke, heart attack etc. To prevent this regular and healthy diet is recommended. There was a question and answer session with the expert and student at the end. The session was really interactive and informative for girls students.

# Glimpse of seminar



**Expert welcome by Dr. Manish Thakker**



**Dr. Gaurang Shah delivering talk**



**Students and faculties attending Seminar**