

Expert Lecture on Emotional Intelligence and Spirituality Elevates Student Learning at L.D.C.E.

Ahmedabad, India - A thought-provoking expert lecture on "Emotional Intelligence and Spirituality" was successfully organized for the undergraduate students of all disciplines at L.D. College of Engineering (L.D.C.E.). The event, held on August 21, 2025, from 11:00 AM to 12:30 PM, was coordinated by Dr. Paresh H. Rana and Dr. Ronak Patel of the Chemical Engineering Department. Dr. Ronak Patel formally welcomed the expert, Heads of Departments, faculty members, and students. The proceedings began with Dr. Chandresh Vithalani welcoming Mr. Jain with a bouquet. Approximately 180 students attended the session, gaining valuable knowledge from the guest speaker.

The lecture was delivered by the esteemed Mr. Rajesh Jain, the Managing Director of Epitude Consultants, London, and a distinguished Executive Mentor, Coach, and Facilitator. His work focuses on integrating Emotional Intelligence and Spirituality in Business to make organizations more agile and results-oriented. With a vast career spanning over 35 years in India, the UK, and Europe, he has worked with numerous multinational corporations like Shell, Unilever, and Johnson & Johnson. A dedicated philanthropist, Mr. Jain was recently decorated as a "Coronation Champion" by King Charles and Queen Camilla and honored with the NRI Achievers Award, 2024, for his significant community and educational services.

Key Insights from the Session:

The session delved into the critical role of emotional intelligence (EI) in navigating complex organizational and social challenges. Mr. Jain emphasized that leaders with high EI are better equipped to inspire passion, drive innovative "out of the box" initiatives, and effectively manage change and stress. The lecture underscored that EI is a crucial factor in job performance and career success. Key areas of discussion included:

- **Core Competencies of Emotional Intelligence:** The session highlighted essential competencies such as Self-Awareness, Integrity and Trust, and Relationship Management. Practical aspects like avoiding emotional hijacks and practicing empathy were also discussed.

- **Managing Emotions:** Mr. Jain elaborated on techniques for assessing and managing self-awareness, building skills in self-management and self-confidence, and applying emotions effectively at work. A significant focus was placed on reducing negative emotions and transforming them into positive ones.
- **The Impact of EI:** Compelling statistics were presented, noting that emotional intelligence is responsible for 58% of job performance and that 90% of top performers exhibit high EI. Furthermore, people with high EI earn significantly more annually than their counterparts with low EI.
- **Spirituality in Business:** A unique aspect of the talk was the introduction of the "Spiritual Quotient". Mr. Jain proposed that future organizations will be rated not only on Profit, People, and Planet, but also on their "Purity," which involves a deep self-inquiry and a commitment to a higher purpose in business.
- **Learning Outcomes:** The session aimed to help participants understand their EQ score, improve their ability to perceive others correctly (empathy), handle stressful situations through self-awareness and self-regulation, and build inter-personal harmony for better productivity and happiness.

The lecture concluded with a vibrant question and answer session, where students actively engaged with Mr. Jain. Dr. Vithalani proposed a formal vote of thanks, expressing gratitude to the speaker for his enlightening session. The event was a resounding success, providing the students of L.D.C.E. with a unique opportunity to learn from a global expert and gain a competitive edge for their future careers.

Glimpses of the Expert Talk



