

# Expert Lecture Report on “Unleash the unlimited power of mind”

Date- 19<sup>th</sup> February 2018

An expert lecture on “Unleash the unlimited power of mind” was arranged on 19-02-2018 for the 6th and 8th semester students of the department. Speaker of the lecture was Mr Dinesh Jasani. He talked about various key notes like working of the mind, thought processing, subconscious mind, how to use it, how it can benefit etc.

Mr Jasani cited few examples about how our mind responds to the thoughts and also said that mind cannot differentiate between good or bad thought. He encouraged students to always have positive thoughts so subconscious mind can think in positive way. Repetitive thought process helps to make that thought to become real, as per Mr Jasani. He discussed about few tricks by which students can utilize their power of mind. He also asked students to use their power of thoughts as creative power. He said that power of subconscious mind can help students for their future life and stated numerous other benefits of the same.

